

# *Listening*

## A Discipline of the Heart

Throughout Lent, we have focused on the importance of listening as a spiritual discipline that helps us discern God's call for us and for our congregation. For each of the first four aspects of listening, write down what you heard as you listened. For the final statement, review what you heard through your listening, and see if there are any patterns or insights into faithful actions that you could take or pursue.

Listening to the Holy Spirit \_\_\_\_\_

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Listening to and understanding ourselves \_\_\_\_\_

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Listening to others in our congregational community \_\_\_\_\_

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Listening to others in our broader community \_\_\_\_\_

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Listening becomes acting in faith \_\_\_\_\_

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